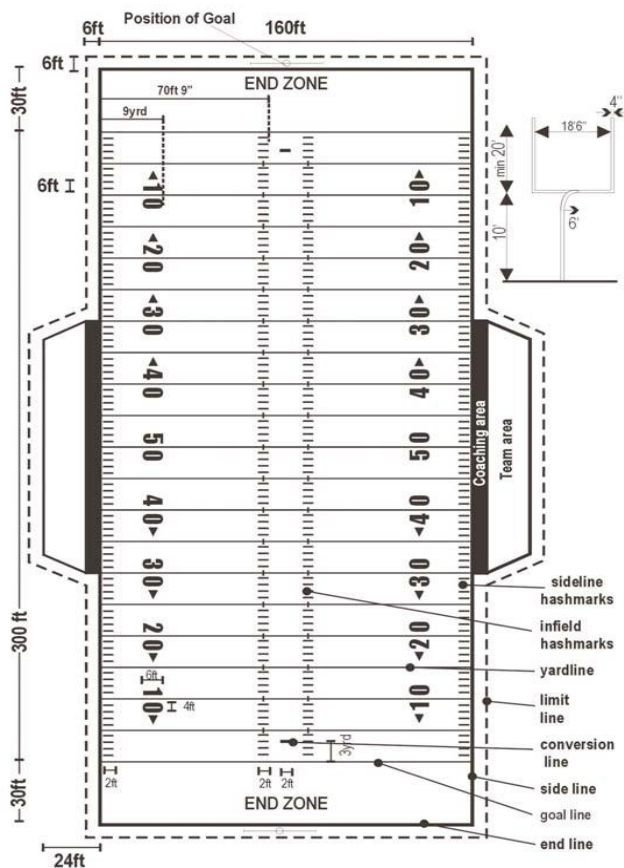




## American Football



## Pitch/Marking Guidelines

### Pitch Measurement

360ft (110m) long by 160ft (48.8m) wide

### Goal Lines

30ft (9.1m) from the end lines on both sides of the field, leaving the 300ft (91.4m) dimension at the centre. The goal lines mark off the entrances to the end zones and may be of contrasting colour.

### Yard Lines

Marked at 5yd (4.6m) intervals, parallel to the endzones.

### Sideline Hashmarks

Marked 70ft 9in (20.96m) from the sidelines, the lines are marked 2ft (60cm) long. These lines align with the upright edges of the goal posts, are marked 1yd (0.9144m) apart and are mandatory. A 2ft (60cm) hash mark is marked over every yard line parallel to the sidelines.

### Conversion Spot (Line)

Marked at the 3yd line, directly in the middle of the field 2ft (60cm) long with equal measurements on either side.

### Field Yard Line Numbers

Marked 9yds (8.23m) from the sidelines and 1ft (0.3m) from yard lines and measured 6ft (1.83m) high by 4ft (1.22m) wide.

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Please be advised that these are produced in good faith and Souters Sports Ltd dose not accept any responsibility for any variation of dimension that may occur.



## Pitch/Marking Guidelines

# American Football

Continued.....

### **Directional Arrows**

Are permitted next to the field numbers (except 50) and are to point in the direction of the opponents goal line. The base of the arrow is 4in (10cm) from the top of the number and the head of the arrow is a triangle with a 18in (46cm) base and two sides 36in (91cm) long.

### **Coaching Area**

6ft (1.83m) from the sideline between the 25yd or 30yd lines extending 24ft (7.32m). A solid white area or diagonal white lines are recommended or it can be marked distinctly for use of coaches.

### **Limit Lines**

6ft (1.83m) from the sidelines and endlines. These lines are marked 6ft (1.83m) long and may be yellow.

### **Goalposts**

Consist of two 20ft vertical poles 4in wide. They are placed 18ft 6in apart (inside to inside) on a horizontal crossbar that is 10ft above the ground.

### **Colour**

Most of the lines are white (exceptions explained above). Logos and other decorative markings are allowed within the end zones, not closer than 4yds (1.22m) to any line. Contrasting colouring in the endzones may abut any line. Decorative material is permissible within the sidelines and between the goal lines, but shall not efface yard lines, goal lines or side lines.

### **Line Width**

4in (10cm) in width. Except for the side lines and end lines which may exceed 4in (10cm) in width.